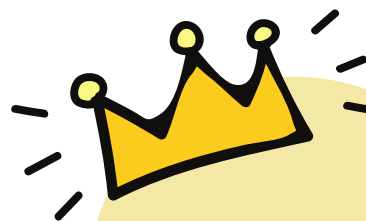
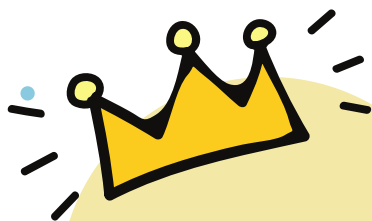


# Thought Buddies

Good thoughts get a crown and stay. Not good ones get a suitcase and are invited to go.



# MAKING IT STICK

Developing great habits makes us  
happier people!

